

2023/2024 Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1	FMS Feet	Dance Heroes	Gym Body Parts	FMS Health and Wellbeing	Athletics Running	Games Rackets, Bats and Balls
LKS2	Games Net/Wall	Gym Bridges	Dance Witches and Wizards	Games Invasion - Tag Rugby	Athletics Throwing and Jumping	Games Striking and Fielding
UKS2	Games Net/Wall - Tennis	Gym Matching and Mirroring  Netball	Dance - Street Art  Hockey	Health Related Exercise	Athletics Techniques	Games Striking and Fielding

2024/2025 Year B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1	FMS Hands	Dance The Zoo	Gym Linking	FMS Team Building	Athletics Jumping	Games Attack v Defence
LKS2	Games Invasion	Gym Symmetry and Asymmetry	Dance World War 2	Health and Wellbeing Mindfulness	Athletics Running	Games Communication and Tactics
UKS2	Games Invasion - Basketball	Gym Counter Balance/Counter Tension	Dance Titanic  Invasion - Football	Health Related Exercise Circuit/Boot Camp	Athletics Competitions	Games Problem Solving

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